

TOLPERIX-D TABLETS

Tolperisone Hydrochloride J.P. 150 mg + Diclofenac Sodium 50 mg

"Dual Relief - Pain & Spasm Control in Ortho Conditions"

Marketed by: Human Orthocare

A Subsidiary of Human Biolife India Pvt. Ltd.

www.humanorthocare.com







Product Overview

Composition (per tablet)

- Tolperisone Hydrochloride J.P. 150 mg
- Diclofenac Sodium 50 mg

Key Features

- Centrally acting muscle relaxant + NSAID
- Rapid relief in pain, inflammation & stiffness
- Improves mobility & quality of life
- Ideal for acute musculoskeletal & post-traumatic conditions





Mechanism of Action



Tolperisone

- Blocks sodium & calcium channels → reduces spinal reflex excitability
- Relieves muscle spasm & stiffness
- Improves muscle blood flow → faster healing



Diclofenac

- Inhibits COX enzymes → reduces prostaglandins
- Provides strong anti-inflammatory & analgesic effect



Combined Result

Comprehensive relief in pain + inflammation + muscle spasm

Indications (Ortho Focused)

Tolperix-D Tablets are recommended for:

- Acute low back pain & cervical spondylosis with spasm
- Sciatica & radiculopathy with muscle stiffness
- Osteoarthritis & rheumatoid arthritis flare-ups

- Post-traumatic musculoskeletal pain
- Post-orthopaedic surgery stiffness & inflammation
- Sports injuries with painful spasm





Clinical Advantages



Dual-action

Muscle relaxant + anti-inflammatory in one tablet



Less Sedation

Compared to other relaxant + NSAID combinations



Faster Recovery

Accelerated functional recovery in ortho patients



Enhanced Compliance

Single-tablet therapy improves patient adherence



Comprehensive Relief

Reduces pain, stiffness & swelling together



Comparison with Standard Therapy

Parameter	Tolperix-D (Tolperisone + Diclo)	Diclo Alone	Chlorzoxazone + Diclo
Pain Relief	✓ Strong	✓ Moderate	✓ Moderate
Muscle Relaxation	✓ Strong (Non-sedating)	X No	Moderate (sedating)
Anti-inflammatory	Yes	✓ Yes	✓ Yes
Mobility Improvement	Excellent	<u> Partial</u>	/ Moderate
Compliance	✓ High	<u> Average</u>	Average



Dosage & Administration



Standard Dosage

1 Tablet twice daily after meals

Or as directed by physician

△ Important Guidelines:

- Use lowest effective dose for shortest duration
- Adjust in elderly or patients with hepatic/renal impairment



Safety & Tolerability



Generally Well-Tolerated

Possible side effects:

- Tolperisone: mild dizziness, GI upset (rare)
- Diclofenac: gastric irritation, nausea, rare GI bleed



Contraindications

- Active peptic ulcer/GI bleeding
- Severe hepatic/renal impairment
- Myasthenia gravis (Tolperisone caution)
- Pregnancy & lactation (use with caution)







Why Prescribe Tolperix-D?

Doctor's Choice For:

Complete Relief

Pain + spasm + stiffness relief in one tablet

Better Tolerance

Better tolerated than sedating relaxant + NSAID combinations

Enhanced Outcomes

Enhances physiotherapy & rehabilitation outcomes

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Versatile Application

Suitable for ortho, trauma & sports medicine practice

Trusted Quality

Backed by **Human Orthocare** trusted quality





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Step into care that moves you forward.

Use with clinical discretion, especially in high-risk orthopedic conditions.

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For medical queries or collaboration:



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